

Brown Rice and Lentil Casserole

- 3 cups broth (chicken or vegetable)
- $\frac{3}{4}$ cup lentils
- $\frac{1}{2}$ cup brown rice
- $\frac{1}{2}$ onion (chopped)
- 1 carrot (grated)
- $\frac{1}{2}$ teaspoon dried basil
- $\frac{1}{2}$ teaspoon dried oregano
- $\frac{1}{2}$ teaspoon garlic powder
- 1 cup grated sharp cheddar cheese

Optional:

1 cup chopped mushrooms

1-2 medium zucchini

2 stalks celery

Directions

1. Preheat the oven to 350 degrees.
2. Mix all ingredients except the cheese in a 2 quart baking dish. If using optional vegetables reduce broth to about 2 cups. Cover with lid or foil and bake for 1 hour 10 minutes. Then remove the foil, add the cheese, and place under broiler for 5 minutes until cheese is melted and turning brown.